



Career Decision-Making, Adaptation, and Counseling in an Uncertain World

Abstract

While the Parsonian framework of career decision-making has provided seminal insights into the research and practice of career decision-making, the premises and practice of the Parsonian framework encounter challenges in the psychological, economic, and social contexts of contemporary career decision-making. One key challenge is inevitable ambiguity. Dr. Xu's research program started with a series of studies examining the role of ambiguity tolerance in the process and outcomes of career decision-making. Based on cross-sectional, longitudinal, and cross-cultural evidence for the salience of ambiguity management in career decision-making, this research program arrived at a dual-process theory of career decision-making, which offers a platform to integrate existing theories and research, direct future research and practice on career decision-making, and provide ecologically valid implications for career counseling in its contemporary psychosocial context. Future research directions regarding career decision-making and counseling are also discussed.

Online Registration

https://www3.fed.cuhk.edu.hk/faculty/applications/EPS_Seminar_20211126

Registration Deadline

24 Nov 2021



26 Nov 2021 (Fri)

9:30 am – 11:00 am

Zoom

(Details will be provided on 25 Nov 2021)

Dr. XU Hui
Loyola University Chicago

About the speaker

Dr. Hui Xu is an assistant professor in counseling psychology at Loyola University Chicago. Dr. Xu's scholarship focuses on vocational psychology (particularly career decision-making), counseling science, assessment, and cross-cultural issues. He deeply believes that science and practice should inform each other. His work on career decision-making and counseling process/outcomes (including 33 first-author contributions) has been published on top-tier counseling journals, such as *Journal of Counseling Psychology* and *Journal of Vocational Behavior*. Dr. Xu graduated from Arizona State University with the annual outstanding graduate student award from the Council of Counseling Psychology Training Programs and four national research awards from APA. He has been selected as the first recipient of the Faculty Award by the Association of Chinese Helping Professionals and Psychologists-International (ACHPPI) and the recipient of the 2020 Early Career Award of Society of Vocational Psychology. He is serving as an editorial board member on five counseling/psychotherapy journals, including *Journal of Vocational Behavior* (Associate Editor), *The Counseling Psychologist*, *Psychotherapy Research*, and *Journal of Career Assessment*. Dr. Xu's research has been funded by Bruce and Jane Walsh Grant in Memory of John Holland and Division 17 Counseling Psychology Grant from American Psychological Foundation.

All are welcome

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