
運動科學與體力活動理學碩士學位課程

Master of Science (M.Sc) Degree Programme in Sports Science and Physical Activity

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本課程旨在提供運動科學與體力活動的專業知識，加強學員對運動科學與體力活動各重要領域的認識，使他們在從事相關工作時能有效應用所學的理論和技能，同時亦可進行此領域內之專題研究。課程範圍包括運動生理學、運動心理學、運動生物力學、運動教育學、運動社會學、體適能評估、健康與體力活動、體育行政及管理。

本課程適合從事體育、教育、醫護及社會服務之人士修讀，包括運動科學及醫護專業人員、教師、教練及運動員、體育行政人員、社工以及有志於運動科學與體力活動相關工作的人士。

This programme is designed to provide specialized study in sports science and physical activity. It provides a sound theoretical background to enrich students' knowledge base and to enable them to apply that knowledge in their specific sport-related setting or pursue research in this area. The programme offers courses in areas of Exercise Physiology, Sports and Exercise Psychology, Sports Biomechanics, Sports Pedagogy, Sports Sociology, Physical Fitness Assessment, Health-Related Physical Activity, Sports Administration and Management.

The programme is suitable for professionals in the sports, education, health and social service sectors, including sports scientists and health care professionals, school teachers, coaches and athletes, sports administrators, social workers and others who are interested in pursuing a career in sports science and physical activity.

I. 修讀辦法 Study Scheme

(1) 修課要求

學員須完成最少 24 學分，方可畢業。

(i) 修讀辦法（非研究組別）

修讀辦法	科目	學分
必修科目	SSPA6101	3
選修科目	SSPA6102, 6103, 6201, 6202, 6203, 6204, 6205, 6206, 6207, 6208, 6209, 6301, 6302, 6303, 6304, 6305, 6306, 6307, 6308, 6309, 6701	21
總計	---	24

(ii) 修讀辦法（研究組別）

修讀辦法	科目	學分
必修科目	SSPA6101, 6102, 6701	9
選修科目	SSPA6103, 6201, 6202, 6203, 6204, 6205, 6206, 6207, 6208, 6209, 6301, 6302, 6303, 6304, 6305, 6306, 6307, 6308, 6309	9
專題研究	SSPA6900	6
總計	---	24

*兼讀制學生需先取得指導老師的同意，才能選擇研究組別。

(2) 其他要求

(a) 學員的累積平均積點必須不少於 2.0，方可畢業。

(b) 學員每個學期必須達到研究院的評審要求。根據學則 13.0 中“成績低劣及退學”，研究生於上一學期的累積平均績點少於 2.0，該生次學期將被列為試讀生。詳情請參閱研究院網頁：<http://www.gs.cuhk.edu.hk/>。

(1) Course Requirement

Students are required to complete at least 24 units of courses for graduation.

(i) Study Scheme (Non-Research Track)

Study Scheme	Course Code	Units
Core Courses	SSPA6101	3
Elective Courses	SSPA6102, 6103, 6201, 6202, 6203, 6204, 6205, 6206, 6207, 6208, 6209, 6301, 6302, 6303, 6304, 6305, 6306, 6307, 6308, 6309, 6701	21
Total Units	---	24

(ii) Study Scheme (Research Track)

Study Scheme	Course Code	Units
Core Courses	SSPA6101, 6102, 6701	9
Elective Courses	SSPA6103, 6201, 6202, 6203, 6204, 6205, 6206, 6207, 6208, 6209, 6301, 6302, 6303, 6304, 6305, 6306, 6307, 6308, 6309	9
Research Project	SSPA6900	6
Total Units	---	24

*Part-time students should have obtained approval from the supervisor before selecting the research track.

(2) Other Requirements

- A student must achieve a cumulative grade point average (GPA) of at least 2.0 in order to fulfill the graduation requirement.
- Students must fulfill the Term Assessment Requirement of the Graduate School. A student who obtains a cumulative grade point average (GPA) below 2.0 in the preceding term will be put on academic probation. For details, please refer to Clause 13.0 "Unsatisfactory Performance and Discontinuation of Studies" of the General Regulations Governing Postgraduate Studies which can be accessed from the Graduate School Homepage: <http://www.gs.cuhk.edu.hk/>.